



CCEISM Care Coordination and Early Intervention

CCEI is a program designed to help you get the care you need to stay healthier. If you are in the hospital or recently visited the emergency room, a care management specialist may call to help coordinate special care you might need.

The care management specialist will work with you to make sure that you have what you need to care for yourself and follow your doctor's instructions. There is no additional cost for this service and it is up to you if you want to participate.

Care management specialists can:

- Help you understand your condition and treatment
- Include you in the decision making process
- Make sure you get the care your doctor recommends
- Explain your health care benefits, if needed

We hope you will take advantage of this useful benefit to help you get and stay well.



Blue Access MobileSM

New Healthy Tips by Text offer a variety of convenient and secure reminders and tips to help you improve your health, including:

- Diabetes prescription reminders
- Diabetes diet tips
- Coronary artery disease diet and basic care management tips
- Fitness and exercise tips

To use texting features, you must be registered for Blue Access for MembersSM (BAM) and elect to participate through your BAM *User Profile*.

Visit bcbsil.com/mobile for more information.



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